



Place	No.	Name	Time	Age	Sex	Affiliation
1	1	Simon Sawe	2'25'09	35 m		Kenya
2	9	Peter Omae Alieni	2'27'04	31 m		Kenya
3	4	Pamenos Ballantyne	2'27'15	36 m		St Vincent
4	5	Richard Jones	2'28'05	33 m		Evolution Dist.Proj.
5	8	Curtis Cox	2'30'55	42 m		Curepe
6	2	Ronnie Hollasie	2'33'12	38 m		T&T
7	52	Kelvin Johnson	2'36'24	29 m		TTRRC
8	7	Lionel Dandrade	2'37'00	29 m		Guyana
9	10	Andrew Gutzmore	2'40'03	43 m		
10	59	Colin Joseph Mercurius	2'46'38	28 m		Guyana
11	113	Roland Victor Bartholomew	2'49'09	29 m		Genesis A/C
12	12	Cantius Thomas	2'49'49	43 m		Athletic Central
13	11	Neil Stewart	2'52'23	39 m		Point/F/A/C
14	400	Mary Akor	2'54'19	f		USA
15	272	Roger Jonas	2'56'27	43 m		West Toronto Pacers
16	22	Peter Ragoonanan	2'58'07	49 m		Maraval
17	276	Guillemo Udenhont	2'58'17	38 m		Suriname
18	144	David Daniel	3'01'37	39 m		T&T Fire Service
19	58	Volwin Mercries	3'07'38	38 m		Suriname
20	185	Kervin Persad	3'09'12	32 m		
21	156	Peter Andrews	3'09'36	34 m		Athletic Central
22	18	Colin Joseph Graham	3'11'34	45 m		Seek/Books
23	266	Keith Cumberbatch	3'12'28	43 m		Barbados
24	201	Michael Polidore	3'13'36	50 m		
25	38	Richard Shaw	3'13'37	47 m		USA
26	25	Winston Mascall	3'14'05	51 m		Ufukuzo
27	414	Paulette Lucess	3'14'13	47 f		San Juan
28	403	Shermin La Saldo	3'15'34	30 f		Success&Excellence
29	257	Ancil Greene	3'19'37	20 m		Success&Excellence
30	257	Ancil Greene	3'24'03	33 m		Try Gems
31	404	Karen Downey	3'24'03	32 f		Canada
32	29	Victorio Hawkins	3'26'40	52 m		TTRRC
33	26	Foster Medina	3'32'06	56 m		
34	154	Christopher Toby	3'32'45	37 m		
35	432	Christine Regis	3'32'45	46 f		Athletic Central
36	162	Ronald Francis	3'37'27	36 m		
37	132	Nelson Cummings	3'38'26	17 m		
38	73	Fred Tyndale	3'38'38	55 m		Rangers
39	30	Errol Jones	3'38'44	58 m		Bitumen Art co.
40	90	Kerry Springer	3'38'54	26 m		
41	148	Ricaldo Gomes	3'38'55	55 m		TTRRC
42	241	Charles Kota	3'39'36	26 m		
43	45	Neville Blake	3'40'52	48 m		
44	198	Junior Bristol	3'41'38	30 m		TTRRC
45	63	Lester Leu	3'42'46	42 m		TTRRC



Place	No.	Name	Time	Age	Sex	Affiliation
46	189	Hugh Raphael	3'42'58	50	m	TTRRC
47	33	Winston Stewart	3'43'01	59	m	TTRRC
48	267	Dexter Smart	3'43'12	43	m	
49	145	Vheekash Singh	3'43'21	35	m	
50	34	Richard Thomas	3'43'28		m	
51	251	Kyronne Granger	3'43'49	37	m	
52	439	Celine Lestrade	3'43'51	25	f	Mall Crawlers
53	97	Fustin Augustus	3'47'52	17	m	
54	64	Douglas D'Abadie	3'50'01	39	m	
55	447	Lisa Angela Daniel	3'50'29	37	f	St Vincent
56	192	Kester Joseph	3'51'09	39	m	
57	43	Abdul Ahmed	3'51'03	65	m	Athletic Central
58	438	Kema Mc Shine	3'51'12	20	f	Success&Excellence
59	35	Jean-Charles Bertin	3'51'21	39	m	GDF Suez
60	56	Ian Chadnick	3'51'58	49	m	
61	54	Ashe Holder	3'53'57	44	m	TTRRC
62	411	Wendy Shallow	3'53'59	42	f	TTRRC
63	147	Lander Rodney	3'55'43	45	m	TTRRC
64	32	Edmund Bermas	3'56'11	45	m	
65	89	Curtis Brereton	3'57'43	49	m	Neon Trackers
66	41	John Blair	3'58'20	54	m	
67	193	Nelinho Mierez	3'59'56	31		
68	57	Lennox Lovelace	4'00'09	54	m	
69	47	Felix Trim	4'00'11	42	m	Min. of Health
70	136	Rawle Samuel	4'01'27	63	m	Point/F/A/C
71	441	Elsa Anthony	4'01'28	31	f	
72	202	Shawn Edwards	4'05'37	39	m	C/Bank
73	216	Shane Legerton	4'05'43	24	m	Teteron Posses
74	46	Elvis Grant	4'06'47	48	m	
75	40	Steven Rajnath	4'06'49	24	m	
76	42	Milton Sampson	4'4'07'58	62	m	Memphis
77	61	Don Mendez	4'08'19	35	m	TTRRC
78	412	Rosamund Jolly	4'08'51	52	f	QRC
79	242	Gilfford Clarke	4'08'58	49	m	
80	106	Hafeez Mohammed	4'09'15	56	m	TTRRC
81	107	Lesile Callender	4'09'15	63	m	
82	190	Benedict Mc Call	4'09'15	40	m	
83	440	Debra Agong	4'09'16	31	f	TTRRC
84	221	Steve Benny	4'11'16	24	m	Teteron Posses
85	39	Eric Clarke	4'11'18	63	m	Ufukuzo
86	120	Keith Samuel	4'11'19	19	m	Milat-Mypart
87	103	Kylie Oliver	4'12'16	21	m	
88	245	Chanderpaul Ramnarine	4'12'29	21	m	Penal Triathetes
89	248	Jonah Camps	4'13'59	22	m	
90	115	Jonathan Caprietta	4'16'34	18	m	Milat-Mypart



Place	No.	Name	Time	Age	Sex	Affiliation
91	98	Jerome Baptiste	4'17'00	19 m		Milat-Mypart
92	436	Giselle O'Brien	4'17'05		F	Fitness Centre
93	231	Daron Alexander	4'17'06	25 m		Teteron Posses
94	419	Rashmi Mathur	4'17'22	42 f		Fitness Centre
95	186	Garth Roberts	4'19'14	33 m		Rainbow Warriors
96	114	Richard Homles	4'19'37	61 m		Marathon Maniacs
97	102	Rajin Resal	4'19'50	49 m		Athletic Central
98	119	Jonathan Oliver	4'20'04	18 m		Milat-Mypart
99	175	Brent Chock Kong	4'20'14	29 m		
100	83	Mario Russel	4'20'28	51 m		
101	48	Nimcham Ramsaroop	4'20'58	54 m		Petrotrin Sports Club
102	109	Ricky Singh	4'20'59	40 m		
103	159	Pedro Briton	4'21'07	44 m		
104	434	Petronilla Raymond	4'21'49	40 m		
105	157	Curtis Williams	4'21'50	50 m		Manfist Club
106	261	Jade Camps	4'23'31	59 m		TTRRC
107	62	Wayne Serrieaux	4'25'02	58 m		
108	53	Lawrence Phillip	4'26'44	59 m		
109	424	Lisa Superville	4'26'47	59 f		
110	120	Kareen Mercury	4'26'53	21 m		Milat-Mypart
111	71	Brian Parris	4'27'22	54 m		Moncojo
112	138	Mervyn Cato	4'27'39	41 m		Point/F/A/C
113	93	Virgil Bruce	4'28'57	38 m		
114	151	Curtis Forbes	4'30'01	38 m		
115	51	Andreas Weierstall	4'31'40	50 m		
116	81	Akil Morris	4'31'46	23 m		Trinbago Back Packer
117	171	Travis Dass	4'32'46	38 m		
118	72	Andrew Trim	4'32'55	28 m		UTT
119	250	Christopher De Freitas	4'33'35	49 m		
120	112	Ahmed Aboy Khashan	4'33'38	38 m		
121	105	Franklyn Garcia	4'35'37	51 m		
122	149	Sherwin George	4'39'35	44 m		
123	133	Joel Sanchez	4'42'16	18 m		Milat-Mypart
124	197	Desi Robert Geoffroy	4'42'50	32 m		T&T Air Guard
125	430	Karen John	4'46'10	26 F		
126	134	Gerald Charles	4'42'59	46 m		
127	421	Susannah Joefield	4'44'16	57 f		TTRRC
128	232	Kyle Hart	4'44'19	24 f		Teteron Posses
129	50	Eric Ramjit	4'45'18	53 m		Penal A/C
130	262	Sang Yoon	4'46'10	38 m		St Vincent
131	146	Michael Charles	4'48'58	24 m		
132	108	Brian Jack	4'49'47	42 m		TTRRC
133	123	Jamal Wilson	4'50'33	17 m		Milat-Mypart
134	223	Marcus Sorzano	4'50'41	27 m		Teteron Posses
135	181	Kester Grappie	4'51'46	29 m		



Place	No.	Name	Time	Age	Sex	Affiliation
136	196	Sunil Hardyal	4'52'21	37	m	
137	172	Victor Eastman	4'53'18	51	m	
138	82	Sookraj Supersad	4'54'23	53	m	
139	163	Dominic Hernandez	4'54'42	45	m	
140	182	Sean Clarke	4'54'44	43	m	TTRRC
141	74	Bhardoe Kanhai	4'55'07	55	m	
142	128	Kendall Boyce	4'57'16	17	m	Milat-Mypart
143	125	Nicholas Lender	4'57'19	17	m	Milat-Mypart
144	234	Jeron Peireira	4'57'20	17	m	Mayaro A/C
145	80	Alfred Rock	4'57'22	43	m	Athletic Central
146	273	Paul Francis	4'57'35	43	m	
147	277	Ivelaw Henry	4'57'52	57	m	Guyana
148	141	Azeem Ali	4'58'05	39	m	
149	428	Joy Ryan	4'58'30	52	f	TTRRC
150	124	Williams Alfonso	4'58'30	15	m	Milat-Mypart
151	55	Peter Cedeno	4'58'37	51	m	
152	168	George Ardavanis	4'59'12	54	m	
153	275	Aaron Kaio	4'59'16	34	m	ISPS
154	188	Javed Jagroo	5'01'24	16	m	Hillview College
155	187	Jared Jagroo	5'01'24	16	m	Hillview College
156	139	Tajelaz Sarwan	5'03'22	52	m	
157	225	Sheldon Dougan	5'03'41	32	m	Teteron Posses
158	227	Barry George	5'03'45	27	m	Teteron Posses
159	121	Clinton Eligon	5'04'12	18	m	Milat-Mypart
160	126	Raphael Thomas	5'04'40	16	m	Milat-Mypart
161	209	Ako Prescod	5'05'11	31	m	Teteron Posses
162	212	Kerwyn Davis	5'05'14	25	m	Teteron Posses
163	226	Damian Phillip	5'05'50	31	m	Teteron Posses
164	143	Ruth Ven Samuel	5'06'14	56	m	
165	252	Nathaniel Lewis	5'06'31	35	m	
166	258	Junior Joseph	5'06'56	46	m	
167	427	Susan Dyer	5'07'21	50	f	
168	65	Henry Gonzales	5'07'23	36	m	South Cross Runners
169	243	Selwyn Wong	5'08'56	57	m	PATT
170	425	Ulrica Calliste	5'10'17	56	f	
171	166	Clyde Raphael	5'10'22	70	m	
172	176	Junior Dhoray	5'13'14	44	m	
173	444	Annette Corraspe	5'13'15	22	f	Teteron Posses
174	167	Val London	5'15'49	51	m	
175	104	Lincoln Marshall	5'16'14	46	m	Muscle Movers
176	422	Teresa Rosomond	5'16'15	44	f	Muscle Movers
177	268	Dexter Williams	5'19'21	24	m	Teteron Posses
178	270	Kahidi Lewis	5'19'22	24	m	Teteron Posses
179	170	Rennum Motilal	5'19'29	42	m	
180	178	Lennox Edwards	5'20'10	43	m	



Place	No.	Name	Time	Age	Sex	Affiliation
181	200	Willie Charles	5'20'23		m	
182	191	Sean Nelson	5'21'09	36	m	RBTT Road Runners Club
183	70	Miguel Mohammed	5'21'54	38	m	Clico
184	179	Brad Bachu	5'22'25	17	m	
185	247	David Cuttings	5'23'17	44	m	Angostura Sports Club
186	255	Marlon Merrit	5'23'43	33	m	T&T Regiment
187	265	Aaron Alexander	5'24'12	32	m	
188	445	Kaimarie Balfour	5'24'55	22	f	Teteron Posses
189	229	Andrew Matthews	5'24'57	24	m	Teteron Posses
190	224	Dwayne Edwards	5'25'09	29	m	
191	96	Ashvin Billy	5'25'10	16	m	Milat-Mypart
192	233	Christopher Carlessar	5'25'11	22	m	T&T Air Guard
193	92	Vincent Gordon	5'25'12	40	m	Milat-Mypart
194	406	Ingrid Keshwah	5'25'38	46	f	Fun Joggers
195	253	Vivian Abraham	5'28'08	53	m	
196	210	Devon Charles	5'28'27	25	m	Teteron Posses
197	448	Dennise Demming	5'28'53	54	f	TTRRC
198	111	Christopher Mc David	5'29'44	41	m	
199	140	Benjamin Lewis	5'30'34	51	m	
200	230	Allister Ramlochan	5'30'34	27	m	Teteron Posses
201	142	Alexandre Thomas	5'31'58	28	m	
202	433	Roxanne Morris	5'34'11	46	f	St James
203	69	Karel Douglas	5'34'54	40	m	
204	203	Wallace Whittington	5'38'05	65	m	
205	173	Clyde Loobie	5'38'31	60	m	
206	263	Gainda Raj	5'38'33	38	m	
207	158	Ian Morris	5'38'35	51	m	Fire Service
208	274	Shazim Mohammed	5'40'01	49	m	
209	222	Amit Radgecoomar	5'40'27	27	m	Teteron Posses
210	271	Barry Stewart	5'40'54	22	m	Teteron Posses
211	118	Bartholomew Blackman	5'40'59	16	m	Milat-Mypart
212	99	Anton Smith	5'41'28	18	m	Milat-Mypart
213	177	Ricardo Mulrain	5'46'00		m	
214	259	Pramand Marajh	5'47'12	45	m	
215	260	Stokely Smart	5'47'45	37	m	
216	165	Gabriel Solomon	5'48'21	55	m	
217	443	Terry Ann Jackson	5'49'15	41	f	
218	282	Roy Riley	5'49'43	73	m	Palo Seco Sports Club
219	211	Marlon Brice	5'49'56	28	m	Teteron Posses
220	402	Sandra Fonrose-Spirtus	5'49'58	46	F	
221	446	Sushilla Seepersad	5'50'02	31	f	
222	220	Elijah Thomas	5'56'18	26	m	Teteron Posses
223	219	Keston Reid	6'03'28	27	m	Teteron Posses
224	256	Maniram Charran	6'04'51	61	m	
225	31	Kenneth Johnson	6'04'52	49	m	



Place	No.	Name	Time	Age	Sex	Affiliation
226	91	Kurt Lovell	6'04'53	27	m	
227	437	Jennifer Nelson	6'09'31	34	f	JCS Club
228	426	Sharon M. Granado	6'09'52	47	f	
229	100	Danny Cuffy	6'10'13	20	m	Milat-Mypart
230	95	Brian Millet	6'10'47	31	m	Milat-Mypart
231	183	Keron Luke	6'13'13	17	m	
232	150	Ravi Samaroo	6'13'14	42	m	
233	244	Bendel Jack	6'21'27	49	m	